white Island --- 36 miles from New Zealand this volcanic island has once again leapt into life. Those clouds of steam are deadly poison --- sulphur and chlorine --- but you can't poison our Roving Cameraman with or without energy theory gestmacks.

Many years ago the island was mined for its sulphur deposits, but the volcano erupted and killed every man there.

St Louis --- the home of St Louis Blues goes in for swing with the elephants' band.