

BELGIUM CROSS-COUNTRY:

At Waregem racecourse in Belgium, runners from ten countries compete in the International Cross-Country Championship. King Baudouin of the Belgians is among the thousands who watch them tackle the tough nine-mile course, with its 35 major obstacles. England is well represented - there's Ken Norris, No.15, hard on the heels of Jouret of Belgium, No.110.

And here's Frank Sando, No.13, England's skipper, well up among the leaders as they take the water-jump. Unfortunately Derek Ibbetson isn't here - he's suffering from tonsillitis - but Norris and Sando are doing fine.

So is Basil Heatly, No.17, just ahead of Jouret. The three leading Englishmen are pressing the Belgian hard.

And in the last stretch, Frank Sando takes the lead, steadily widening the gap to win by 30 yards in just under 46 minutes. King Baudouin comes forward to present medals to the first three - all of them English; Sando, Heatly, and Norris. Fifth place, too, went to an Englishman - Arthur Chorlton. Not bad going, against stars from nine other nations!

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